

So Much To Do

Written by

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Despite weather predictions that we would be under cloud again today, we woke up delighted to see clear blue skies again. Because it was already 22C by 10:00 AM, after my Nordic Track workout, rather than indulge in the water aerobics, I chose to have a leisurely swim at the other pool instead while Rick headed for the pickle ball courts. Three days ago, while I was swimming, I got a little too aggressive with some of my moves and I re-injured my shoulder, which had just nicely started feeling a lot better. Yesterday in the water aerobics class, I was very careful and avoided most of the upper body exercise and today a less aggressive workout seemed to be a better choice. Evidently, by the fact that Rick returned from pickle ball two hours later, he'd had a busy workout and a lot of fun.

As I said yesterday, Rick's handyman reputation is starting to get known and his services were required this afternoon. Meanwhile I decided to take a woodcarving class with Vern Hesketh an accomplished artist whose work is featured at the [Myrtlewood Gallery](#) in Northern Oregon. Vern, another volunteer with Canadian roots, proved to be most interesting and will be a great teacher in our class over the next few weeks. Today we covered the tools we will need and some of the techniques involved in carving a Black Capped Chickadee. I spoke with a couple of other people who took a class with Vern last year and they had nothing but praise for him so I am looking forward to our classes over the next five weeks.

The clouds came back for a short time later in day and there is a possibility of showers overnight, however for the next 10 days there is nothing but sunshine in our future. How can we help but love it here?